



## Tai Chi

### Glass cups with rubber squeeze ball.

#### Indication :

Used in the traditional cupping technique, in treatment of bi-syndromes, asthma, common cold, chronic cough, indigestion problems and some skin conditions. Also helps to improve blood circulation, relaxation or balancing of the energies flow in the body, regulate body's "heat and cold", enhance immunity etc.

#### Feature :

- Available in Glass type cups.
- With smooth edges.
- Available in different sizes.

#### Direction:

Simply squeeze the rubber ball to create vacuum effect, put the cup over the skin and release the rubber ball. The cup is now able to stick on the skin easily.

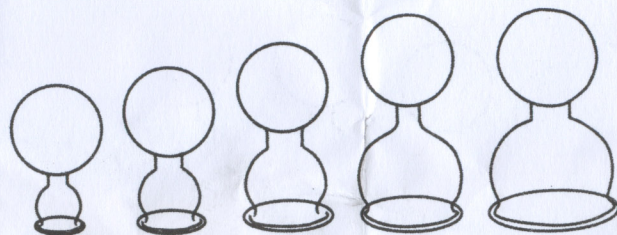
\* Please clean the cups before use.

#### Contraindication:

Avoid cupping treatment on skin wounds, or under physician direction.

#### Precaution:

- Avoid applying the cupping treatment right after a meal or heavy exercise.
- Do not use too many cups in one time.
- Do not use cupping treatment for long time, each treatment recommended for 5 ~ 10 minutes or less.
- Discontinue use of the product if symptoms get worse.
- Do not use the cup if it is cracked, damaged, or broken.



#### Caution:

- Pigment response may occur during treatment but will diminish after continuation of several times of cupping.
- If skin is too dry, apply warm water to skin, or Vaseline along the edges of cups will increase the suction effect.
- Storage in temperature or humidity extremes may expedite the aging of rubber material.

#### Length of treatment:

Once a day, 10 days per treatment.

#### CLEANING & Sterilization :

- Should be periodically wiped clean using a damp cloth and a solution of mild soap and water. Use of other cleaning solutions may damage the rubber or plastic material.
- Sterilization on Glass cups possible, use alcohol to clean and sterilize the glass cups, or take off the rubber ball, and sterilize the glass cups in sterilizer.

#### Size available :

For Glass cups : inner diameter of cup - 2 cm, 3 cm, 4 cm, 5 cm, 6 cm.

#### Storage :

Store in dry and cool place.

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Made in Hong Kong.